

Keep Your Child Safe From COVID-19 Series





Why must we use soap to wash hands? Can soap kill viruses from our hands?

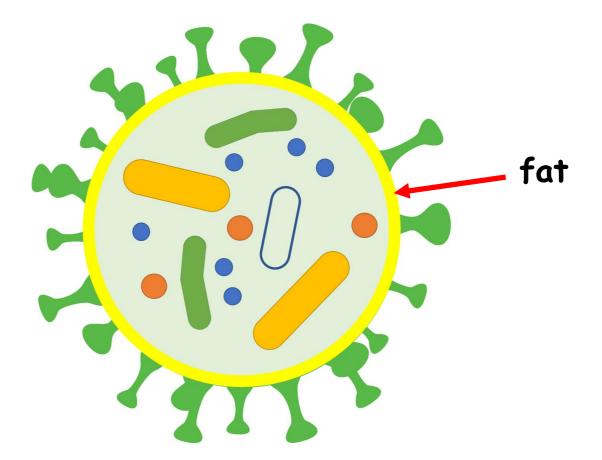






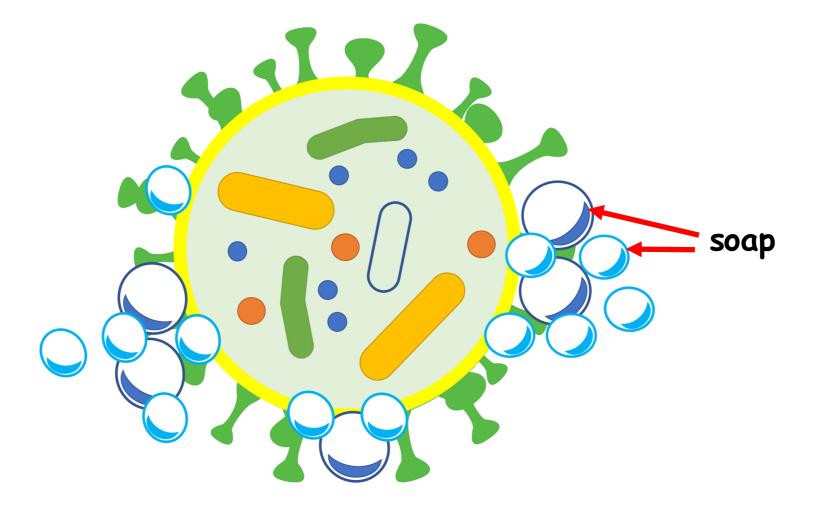
How does soap kill the virus? Let's find out!





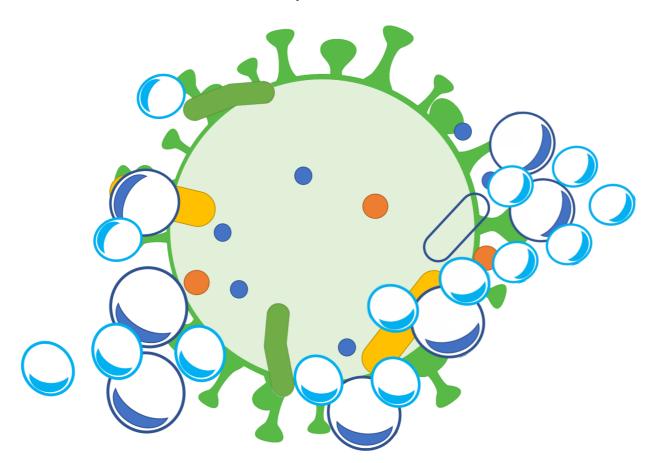
This is how the COVID-19 virus looks like. It has a layer of fat around it.





Soap removes fats.



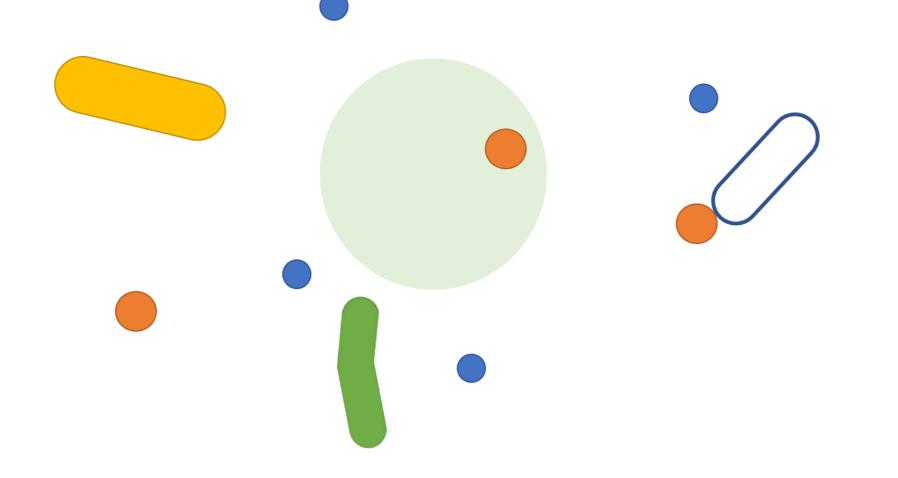


When you wash your hands with soap, the layer of fat around the virus is destroyed.



KEEP YOUR CHILD SAFE FROM COVID-19





Without the fat, the virus breaks apart and is destroyed.







Therefore, it is important to use soap to wash our hands as soap destroys and kills viruses.



Class Activity



Let's find out:

Can soap kill viruses from our hands?

Note: Display all the things needed and have children gather around the work area.



Let's do:

- I. Fill the plate with water.
- 2. Pretend that the specks of pepper are viruses. Scatter pepper on the water to represent the virus on our hands.
- 3. Dip your finger into the plate to see what happens.
- 4. Put some hand soap into a small dish.
- 5. Dip your finger into the dish of soap and put your finger into the plate of pepper to see what happens. This will show how virus reacts to hand with soap.

<u>Click to view the video.</u>

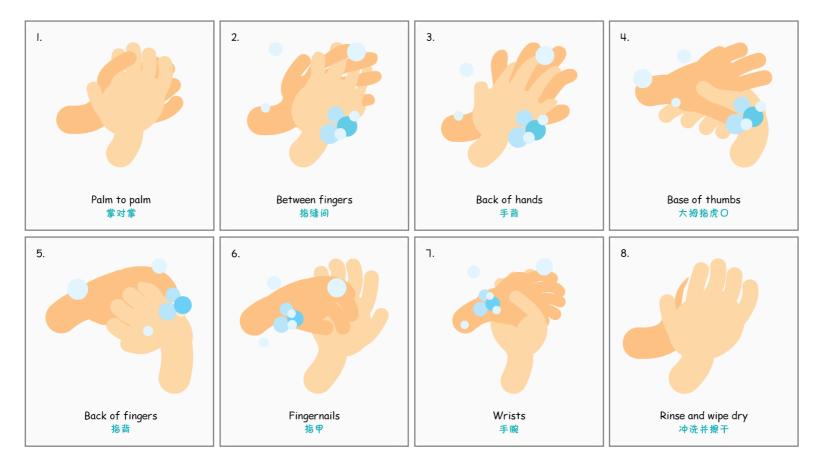




Children, how do you wash your hands?

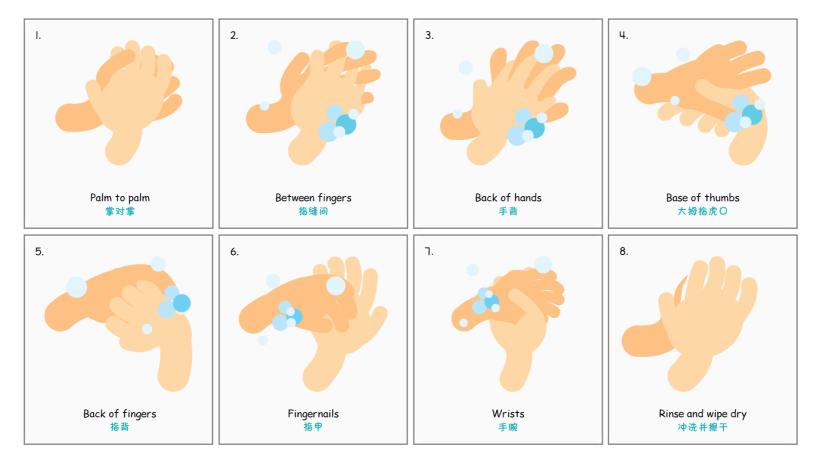
Note: Encourage children to share their views boldly.





We should wash our hands with soap using the proper hand washing steps.





Let's pretend to wash our hands using these steps!

Note: Invite children to show how to wash hands using the proper steps.



Wash Your Hands

Wash your hands every day You don't want the germs to stay! With a scrub, scrub, scrub and a rub-a-rub-a-rub! Shoo! Germs go away today!

Palm to palm, between fingers Next we scrub the back of hands Then the base of thumbs you rub-a-rub-a-rub! Back of fingers scrub, scrub, scrub!

> Fingernails all at once Scrub our wrists, we are nearly done It's time to rinse and wipe them dry Let us wave the germs goodbye!

Note: Sing to the tune of "This Old Man". Guide children to do the actions using the proper hand washing steps.