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What Is Contact Tracing And Isolation?

Activity Preparation

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Activity:

To know that contact tracing is a way used to prevent further spread of the virus

Materials:

- Hand cream
- Glitter
- Contact tracing template
- Writing materials

Steps:

1. Choose a family member to pretend to be infected by the virus but has yet to fall sick (A).
2. Choose some family members to pretend to be the family members of A. Choose one of the family member i.e. a brother to be the worker of Company XYZ (B).
3. Let the rest pretend to be the workers at Company XYZ. Choose two people to be the close colleagues of B (C and D).

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Steps:

4. Invite A to apply some hand cream and glitter to his/her palms. The glitter represents the virus.
5. Ask A and the family members to role-play scene 1: A is at home with family members. A gives B a high five before B is going to work (ensure that B has the glitter on his/her palms).
6. Ask B to add hand cream and glitter on his/her palms.
7. Ask B and the workers at Company XYZ to role play scene 2: B reaches the office and gives C and D each a high five.
8. Now, invite everyone to name the people who are carrying viruses in scene 1 and 2.
9. Write the findings in the contact tracing template.
10. This experiment shows how contact tracing is used to trace how the virus has been passed on.

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Contact Tracing Template

Fill in the blanks with the names of your family members to trace how the virus had been passed on.

